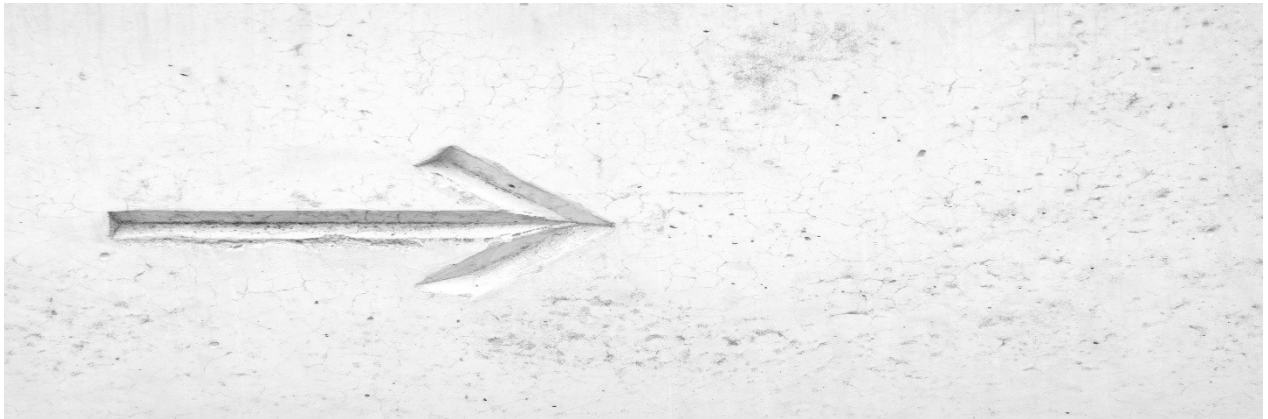


Leadership starts with me: Systemic Group Supervision for Leaders in Change Processes



Starting Point

Change and transformation projects affect an organization's entire system: individuals, teams, structures, work processes, and culture.

Leaders must keep an eye on the various aspects and their interactions while still remaining capable of taking action.

To provide direction, motivate and inspire, make sound decisions amid uncertainty, and effectively manage tensions and conflicts, leaders need personal clarity, a well-defined stance, and a keen awareness of their own needs and limits.

Target Group

Executives facing challenging leadership situations who want to further develop their leadership skills and explore options for action—who want to lead in a more conscious, reflective, and successful manner.

Goals

- A space for reflection to determine one's own position within the broader context of expectations, tensions and demands.
- Development of specific courses of action
- Clarification of one's own needs and boundaries

Typical Occasions

- Change and transformation projects
- New leadership responsibilities
- Ambivalent expectations from senior management, the team, and stakeholders

Benefits

- Increased resilience
- Early detection of conflicts and problematic situations
- Sustainable leadership development through reflection on one's own behavioral patterns
- Hands-on work on a real-world change/transformation project

Format and Framework

- Duration: 1–2 days / depending on group size and desired intensity
- Number of participants: 6–12
- Location: In-house or at a seminar venue
- Method: Systemic supervision with case studies
- Follow-up: Recommended 2-hour online module (4 weeks later)
- Price: €2,500 for 1 day, €4,500 for 2 days